

1:1 at Learner's Home



Personalised Dementia Care Coaching for Family Caregiver



Register at

<https://www.aic.sg/caregiving/caregiver-training/>

🕒 4 hrs

💰 \$400.00

🏠 1:1 at learner's home



Caregiver Training Grant Available

WhatsApp to enquire more about the Grant eligibility



Who Should Attend?

Family members caring for loved ones living with Dementia

Why Attend?

The Course aims to provide individual learner with a personalised knowledge and skills on Dementia care to better care for themselves and loved ones in your own home setting.

What you will learn

- Understanding the dementia, its effect and impact to your loved one.
- What is person-centred dementia care and ways to assist the person living with dementia (PLWD).
- Personalised care strategies, day-to-day routine and making your home dementia friendly.
- Tips and strategies to communicate and manage behaviours of concern with PLWD.
- Managing the impact of behavioural change(s) and routine of PLWD.
- Practice self-care and tapping on available resources to support your caregiving journey.

WA **9386 8484** for enquiries



🖱 www.carecoaching.sg

✉ enquiries@carecoaching.sg

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